



## Darshana Singal Foundation Empowers Women with KALA SE KAAM TAK program

- An Eastman initiative that equips women with essential skills for employment
  - Equipping women with Self-Defense Skills for Personal Protection

**New Delhi, January 14, 2025**: The Darshana Singal Foundation (DSF), the corporate social responsibility (CSR) arm of Eastman Auto & Power Ltd., proudly announced the graduation of additional 38 women from its Chhatarpur Centre who have successfully completed the KALA SE KAAM TAK program, an initiative dedicated towards empowering women coming from marginalized backgrounds by providing them with vocational training and skill development opportunities enabling them to pursue a career in the beauty industry.

Beyond beauty training, the women are also trained for self-defense classes. These classes are designed to ensure the safety of the women in both their personal and professional lives. The program reflects DSF's commitment to fostering both professional and personal growth for these women, giving them the tools to achieve independence and success in the beauty sector.

**Meenakshi Jain, Program Director of the Darshana Singal Foundation, stated,** "Empowering women with self-defense skills is essential to protect them from potential threats. Our programs, including KALA SE KAAM TAK, not only teach practical techniques but also build confidence and resilience. Every woman deserves to feel safe and thrive without fear."

She added, "By integrating vocational training, we provide women with the tools to face challenges confidently, supporting their journey toward economic independence and self-sufficiency. We are proud to announce the graduation of these women."

Through a variety of programs, workshops, and mentorship opportunities, focused on self-grooming, self-defense, soft skill training, mental health, menstrual & personal hygiene, financial literacy, work ethics, smart personal choices, and other valuable skills like Mehndi Art. DSF pledges to improve the quality of life for participants while instilling a sense of self-worth and conviction.

The foundation is committed to empowering communities and creating a positive social impact through education, professional training, and transformative skill development initiatives.

## **About Darshana Singal Foundation:**

The Darshana Singal Foundation (DSF) is the corporate social responsibility (CSR) arm of Eastman Auto & Power Limited. Committed to creating a positive social impact, DSF focuses on empowering marginalized communities through education, vocational training, and skill development initiatives.

By providing access to resources and opportunities, the foundation aims to uplift individuals, particularly women, enabling them to achieve financial independence and self-reliance. Through various programs, including vocational training, workshops, and mentorship, DSF strives to enhance the quality of life for participants and foster a sense of worth and confidence.

The foundation believes in the power of skills and education to transform lives and is dedicated to nurturing talent and promoting social equity in every community it serves.

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